aasheervaada mantram

navonavo bhavati jaayamaano ahnaaM keturu-Shasaamet-yagne | bhaagam devebhyo vi dadhaa-tyaayan pra chandramaa-stirati deerghamaayuhu ||

shata-maanam bhavati shataayuh puruShashsha-tendriya aayuShye-vendriye prati-tiShThati ||

sumanga-leeriyam vadhoo-rimaagam sameta-pashyat | soubhaa-gyamasyai datvaa yaathaastam vipare-tana ||

imaam tvam-indramee-Dhvassu-putragm subhagaam kuru | dashaasyaam putraanaa-dhehi patim-ekaadasham krudhi ||

kShatrasya raajaa varuNo adhiraajaha | nakShatraa-Naagm shata-bhiShag-vasiShThaha | tou devebhyah kruNuto deerghamaayuhu ||

shataaya svaahetyaaha | aayurvai sahasram | aayurevaa varundhe | sarvasmai svaahetyaaha | apari-tamevaa varundhe ||

shreyo-vaseeya aayadh-sambhootam bhootam | chitrah ketuh prabhaa naabhaan-dhsambhaan | jyotish-maagasteja-svaanaata-pagasta panna-bhitapan | rochano rochamaanash-shobhanash-shobhamaanah kalyaaNah ||

shree-varchasya-maayuShya-maarogyamaavidhaat shobhamaanam maheeyate | dhaanyam dhanam pashum bahuputralabham shatasavatsaram deerghamaayuhu ||